Aphasia Workbook
Daily Living

Book 1

By Florence Jones
Dedicated to my father
David Jones
Aphasia Workbook
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I created this book for my father who has Aphasia. Over the months while working with my father on his speech therapy homework, I realized how difficult it was for him to identify the hand-drawn black and white pictures that were presented to him on his worksheets.

In the beginning I remembered the doctor telling me to make every visit a productive visit. Having a tangible book that he can take with him and one that anyone can pick up and use added consistency to his recovery.

I tried workbooks made for children, however, these seemed to insult his intelligence. I also tried computer-based speech therapy applications which were only available when he had access to a computer. He seemed to progress faster when he worked one on one with another human being.

Each page includes photographs of different items common to every day living. Also on each page are three levels of difficulty. How you choose to use each page is up to you and your patient or loved one. As I worked with my father to help him regain his speech, reading and writing, I realized the process was the same as for a child. First you learn to speak, then read, followed by writing. There are also different levels of Aphasia: one person may regain speaking very quickly while another not so quickly.

Get Started - There are three steps on each page:

Step 1 - Identify the picture: point to the picture and speak it out loud. Have your patient or loved one repeat the word over and over, day after day. If your patient or loved one has severe Aphasia you might want to just do this step until your patient or loved one is able to identify the pictures. While working on this section you can reinforce the lesson by using the actual object in the picture.

Step 2 – Use the word in a sentence: this section is designed to help the patient identify the object in use. Each sentence has been chosen to help the patient regain basic sentences for every day use. Read the sentence and fill in the word. Have the patient or loved one try to verbally fill in the word own his own. He or she might need to be cued. While working on this section you can reinforce the lesson by using the actual objects.

Step 3 – Writing: after your patient or loved one has learned the objects the final step is writing the word. Have your patient write over the grayed out word, then encourage him or her to continue on their own.

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Hairbrush

1. Point to the picture and say the word. Then have your patient repeat the word.

I brush my hair with a ________________________________.

2. Read the sentence to your patient and verbally fill in the word. Read the sentence again and have your patient verbally fill in the missing word.
3. Have your patient practice writing the word. Trace over each shaded word then repeat the word several times on each line.

**Hairbrush**

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